

Better working environments for a sustainable workforce

Recruiting and retaining staff is one of the major challenges facing elderly care.

The S4R Toolbox gives leaders a structured way to understand their working environment, learn with their teams and identify opportunities for change.

Understand what shapes everyday work. Then act on it.

1



MAP

Map the unit from multiple perspectives — leaders, staff, and caregivers — to identify existing strengths.

2



IMPROVE

Learn and reflect together with staff to build on what the unit already does well.

3



REMOVE

Identify and remove redundant or low-value practices, freeing up time and capacity for sustainable and resilient ways of working.



Interested in the S4R Toolbox?

The S4R Toolbox is currently being tested in elderly care settings across Europe.

Join our interest list to be notified when it becomes publicly available.



See your unit's resilience in action

The S4R Toolbox brings together perspectives from leaders, staff and caregivers to help you understand how your unit works and where opportunities for change lie.

1 MAP the unit

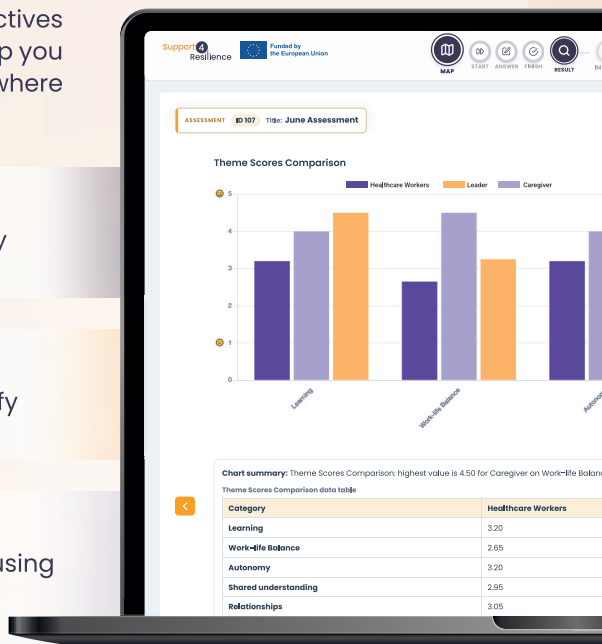
Gather perspectives across six key themes.

2 Understand the results

Compare perspectives and identify strengths and areas to focus on.

3 Act together

Learn and reflect with your team using **IMPROVE**, then identify low-value practices with **REMOVE**.



What does MAP look at?

The assessment explores six themes that contribute to your unit's resilience.



Learning



Autonomy



Relationships



Work-life Balance



Shared understanding



Communication



ISQua 2026 • SPONSORED SESSION

What builds resilient care systems?

Tuesday, 29 September

12:30 – 13:30

Explore what research across European care settings tells us about resilience, mental wellbeing and the workforce crisis in elderly care, and how these insights are being translated into practical tools for leaders.